

سری سوال: یک ۱

زمان آزمون (دقیقه): تستی: ۱۲۰ تشریحی: ۰

تعداد سوالات: تستی: ۳۰ تشریحی: ۰

عنوان درس: متون خارجی تخصصی ۲

رشته تحصیلی/گد درس: تربیت بدنی و علوم ورزشی (خواهران)، تربیت بدنی و علوم ورزشی (برادران) ۱۲۱۲۱۵۹

Match the definitions with their words.

1- "The act of behaving in a very determined and forceful way in order to succeed" is.....

1. aggressiveness      2. fan      3. hiking      4. aerobics

2- "The activity of going for long walks in the country for pleasure" is .....

1. hooliganism      2. fair play      3. hiking      4. disturbance

3- "The activity of running slowly and steadily as form of exercise" is.....

1. anabolic steroid      2. jogging  
3. exhaustion      4. amphetamine

4- "A way of doing or thinking about sth such as a problem or a task" is .....

1. approach      2. body      3. failure      4. literature

5- "The act of giving a lot of time and attention to sth you care about" is .....

1. beginner      2. body      3. federation      4. involvement

6- "The act of making a state or situation continue" is .....

1. maintenance      2. goodwill      3. lethargy      4. emblem

7- "A formal suggestion or plan" is .....

1. motto      2. delegate      3. proposal      4. charter

8- "The quality of being extremely good" is .....

1. authority      2. aspiration      3. document      4. excellence

Fill in the blanks with the correct form of word.

9- She puts on her .....boots whenever she goes hiking.

1. hiking      2. spectator      3. jogging      4. side effect

10- A(n) ..... conforms to the established rules of a game.

1. tone      2. disturbance      3. fair play      4. fan

11- Tom goes ..... in the park before breakfast.

1. scuffle      2. jogging      3. aerobics      4. exhaustion

12- What is the meaning of "intake"?

1. output      2. test      3. gain      4. take

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13- Why the person being tested is fitted with ECG electrodes?

- |                          |                                  |
|--------------------------|----------------------------------|
| 1. to calculate VO2 max  | 2. to measure exercise intensity |
| 3. to measure heart rate | 4. to signs an informed consent  |

14- How the volume of expired air is measured?

- |                                      |                         |
|--------------------------------------|-------------------------|
| 1. by a metabolic measurement system | 2. by bicycle ergometer |
| 3. by computer                       | 4. by treadmill         |

Read the passage and answer the following question.

There is reason to believe that the distinction between team sports, which emphasize cooperation within the contest, and individual sports, which call for a greater sense of autonomy, is a fundamental one, although an individual may enjoy both.

15- Individual sport emphasize greater of .....

- |                |             |          |              |
|----------------|-------------|----------|--------------|
| 1. cooperation | 2. autonomy | 3. enjoy | 4. power ful |
|----------------|-------------|----------|--------------|

16- The first "which" in the passage refer to .....

- |                |                      |
|----------------|----------------------|
| 1. team sports | 2. individual        |
| 3. sport       | 4. individual sports |

17- The second "which" in the passage refer to .....

- |          |               |                     |               |
|----------|---------------|---------------------|---------------|
| 1. sport | 2. team sport | 3. individual sport | 4. individual |
|----------|---------------|---------------------|---------------|

18- Bob scored three goals the first time he played, but they put it down to ..... luck.

- |             |               |         |            |
|-------------|---------------|---------|------------|
| 1. beginner | 2. facilities | 3. body | 4. failure |
|-------------|---------------|---------|------------|

19- All rooms have private.....

- |             |           |              |               |
|-------------|-----------|--------------|---------------|
| 1. approach | 2. expert | 3. candidate | 4. facilities |
|-------------|-----------|--------------|---------------|

20- All their effort ended in .....

- |               |                   |
|---------------|-------------------|
| 1. literature | 2. failure        |
| 3. federation | 4. accomplishment |

21- This sport ..... lots of hard exercise.

- |                |             |             |           |
|----------------|-------------|-------------|-----------|
| 1. involvement | 2. involved | 3. involves | 4. involv |
|----------------|-------------|-------------|-----------|

22- The ..... of scientists in the 20th century are outstanding.

- |                    |                   |
|--------------------|-------------------|
| 1. accomplishments | 2. accomplish     |
| 3. accomplishment  | 4. accomplishable |

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23- Our ..... is: Live and let live.

1. charter                      2. lethargy                      3. motto                      4. authorize

24- Mary has ..... to become a great writer.

1. maintenance                      2. aspirations                      3. excellence                      4. emblem

25- The national ..... of England is a rose.

1. goodwill                      2. delegate                      3. emblem                      4. charter

26- Bad luck ..... him throughout his life.

1. pursue                      2. pursued                      3. pursuit                      4. persuuable

27- Order was quickly ..... after the violence.

1. restored                      2. restore                      3. restoration                      4. restorative

28- Albert ..... to be a doctor.

1. constituted                      2. assined                      3. delegated                      4. aspired

29- Even a short walk ..... Alice.

1. exhausts                      2. reflect                      3. druges                      4. aggres

30- All players say, money was their main ..... for winning.

1. motivational                      2. motivelessly                      3. motivation                      4. motivate